

## Open Space – Here I Am

### “Here I Am” Instructions

God calls us to GO out into the world and speak on God’s behalf. God equips us with the gifts and resources we need to do that. But God leaves the CHOICE up to us about how we respond. Will we allow excuses and fears and doubts to paralyze us into staying in our comfort zone, or will we choose to be risk-takers, trust God, and leap into the life God envisions for us?

In this exercise, you are invited to spend some time MEDITATING about the choices you are facing in your life right now and in the future.

CHOOSE one of the outlines of a hand and an extra fine-point black marker. Use the marker to divide the handprint up into smaller sections and then “doodle” a different design or pattern in each small section. Once you have the designs drawn, use colored pencils to color in the various designs.

As you draw and color, PRAY about the things in your life that you use as excuses or allow to get in the way of God’s plan for your life. The following questions might help guide your prayer time:

- How could I be speaking out on God’s behalf in my life right now? Why don’t I?
- With whom could I be sharing my own faith story and the importance of God in my life? What gets in the way of my doing that?
- How could my education, both now and in the future, be better used to serve God’s purposes?
- What things am I wasting by the choices I make?
- How could my community (church, friends, family) make a bigger difference in preparing me to “GO” if I allowed it to happen?

Isaiah 6:8 says: *Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!”*

What would it take for you to be able to make that response to God? You might want to WRITE this Scripture and your response in your prayer journal.

